

# Sensory Trail KS1

## Session Overview and Learning Objectives

### Session Summary

- This session is suitable for one class of 30 children, split into 2 equal walking groups
- 50 minutes
- Recommended adult:child ratio is 4:30

This session allows the children to explore the woodland using all their senses, with activities designed to focus attention and to connect with nature. The children will look for natural treasures, listen to the sounds of the forest, explore an engaging sensory activity using their sense of touch, and make a smelly potion. Additional activities such as making their own ID sheet are also available.

The session follows a circular route through the woods and all relevant equipment for each activity will be provided.

Each class of 30 needs to be split into **two equal walking groups** that will be led by a SWT volunteer. Please ensure that you provide the recommended adult:child ratio for each group.

*Remember to ensure that each group adult has any medication for the children in their group.*

## Session Outline

The walk takes around 15 minutes without stopping for activities; these are our suggested activities for the 50 minute session.

	<i>Travelling clockwise</i>	
<b>Time</b>	<b>Location</b>	<b>Activity</b>
10 mins	Centre	Go Find It
5 mins	Woodland	Listening circle
15 mins	Woodland	Smelly potions
15 mins	Woodland	Blindfold trail
5 mins	Centre	Plenary

	<i>Travelling anticlockwise</i>	
<b>Time</b>	<b>Location</b>	<b>Activity</b>
10 mins	Centre	Go Find It
15 mins	Woodland	Blindfold trail
15 mins	Woodland	Smelly potions
5 mins	Woodland	Listening circle
5 mins	Centre	Plenary

## Learning Objectives

Learning Objectives	Expected Learning Outcomes
<p><b>Go Find It</b></p> <ul style="list-style-type: none"> <li>● To engage with natural surroundings and objects along the walk</li> <li>● Connect literacy with the outdoors and use adjectives in a physical context</li> </ul>	<ul style="list-style-type: none"> <li>● <b>All</b> will observe, explore and engage with the woodland habitat</li> <li>● <b>Some</b> will successfully match the given word to an object in the woods</li> <li>● <b>A few</b> will understand that the habitat they are exploring is made up of many different textures and colours because of the variety of life and the season</li> </ul>
<p><b>Listening Circle</b></p> <ul style="list-style-type: none"> <li>● Focus on sense of hearing</li> <li>● Identify the types of natural and non-natural sounds</li> <li>● Experience a moment of calm and stillness outdoors</li> </ul>	<ul style="list-style-type: none"> <li>● <b>All</b> will experience the natural sounds of the woods whilst sitting quietly</li> <li>● <b>Some</b> will be able to recognise and count the different sounds</li> <li>● <b>A few</b> will be able to reflect on the sounds they hear and the sources</li> </ul>
<p><b>Smelly Potions</b></p> <ul style="list-style-type: none"> <li>● Focus on sense of smell</li> <li>● Explore and collect some natural materials found in the woods</li> <li>● Combine their natural materials to create a smelly potion</li> <li>● Consider why plants have different smells</li> </ul>	<ul style="list-style-type: none"> <li>● <b>All</b> will have the opportunity to explore the woodland to gather some natural 'smelly' materials</li> <li>● <b>Some</b> will be able to explain what they have put in their potion and what it can be used for</li> <li>● <b>A few</b> will be able to discuss why some plants have developed strong smells</li> </ul>
<p><b>Blindfold Trail</b></p> <ul style="list-style-type: none"> <li>● Focus on sense of touch</li> <li>● Understand that minibeasts and nocturnal animals have different dominant senses to humans</li> </ul>	<ul style="list-style-type: none"> <li>● <b>All</b> will use their senses in an unusual way, especially touch.</li> <li>● <b>Some</b> will gain insight into the sensory life of minibeasts and nocturnal animals</li> <li>● <b>A few</b> will feel an enhanced connection to nature</li> </ul>
<p><b>Sticky Strips</b></p> <ul style="list-style-type: none"> <li>● Collect natural materials from the nature reserve on the sticky strip to take home.</li> <li>● Themes can vary from colour, texture, describing words etc.</li> </ul>	<ul style="list-style-type: none"> <li>● <b>All</b> will collect a range of materials to add to their sticky strip.</li> <li>● <b>Some</b> will apply what they have learnt from their session when collecting different items.</li> <li>● <b>A few</b> will feel an enhanced connection to nature.</li> </ul>
<p><b>Plenary Activity</b></p> <ul style="list-style-type: none"> <li>● Reflect on the different activities that they have experienced</li> <li>● Share some of the key facts and knowledge that they have learnt</li> <li>● Solidify memories of the experience by recapping them</li> </ul>	<ul style="list-style-type: none"> <li>● <b>All</b> will have experienced the woodland habitat</li> <li>● <b>Some</b> will be able to name all five senses and describe how they help us to experience the world around ourselves</li> <li>● <b>A few</b> will be able to give examples of animals that rely on different senses to navigate through the woodland</li> </ul>

## Curriculum Extracts

The following bullet points are extracted from the national curriculum.

### KS1 Science

#### Y1 Animals, including humans

Pupils should be taught to:

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

#### Y2 Living things and their habitats

Pupils should be taught to:

- identify that most living things live in habitats to which they are suited and describe how different habitats provide for the basic needs of different kinds of animals and plants, and how they depend on each other
- identify and name a variety of plants and animals in their habitats, including microhabitats