



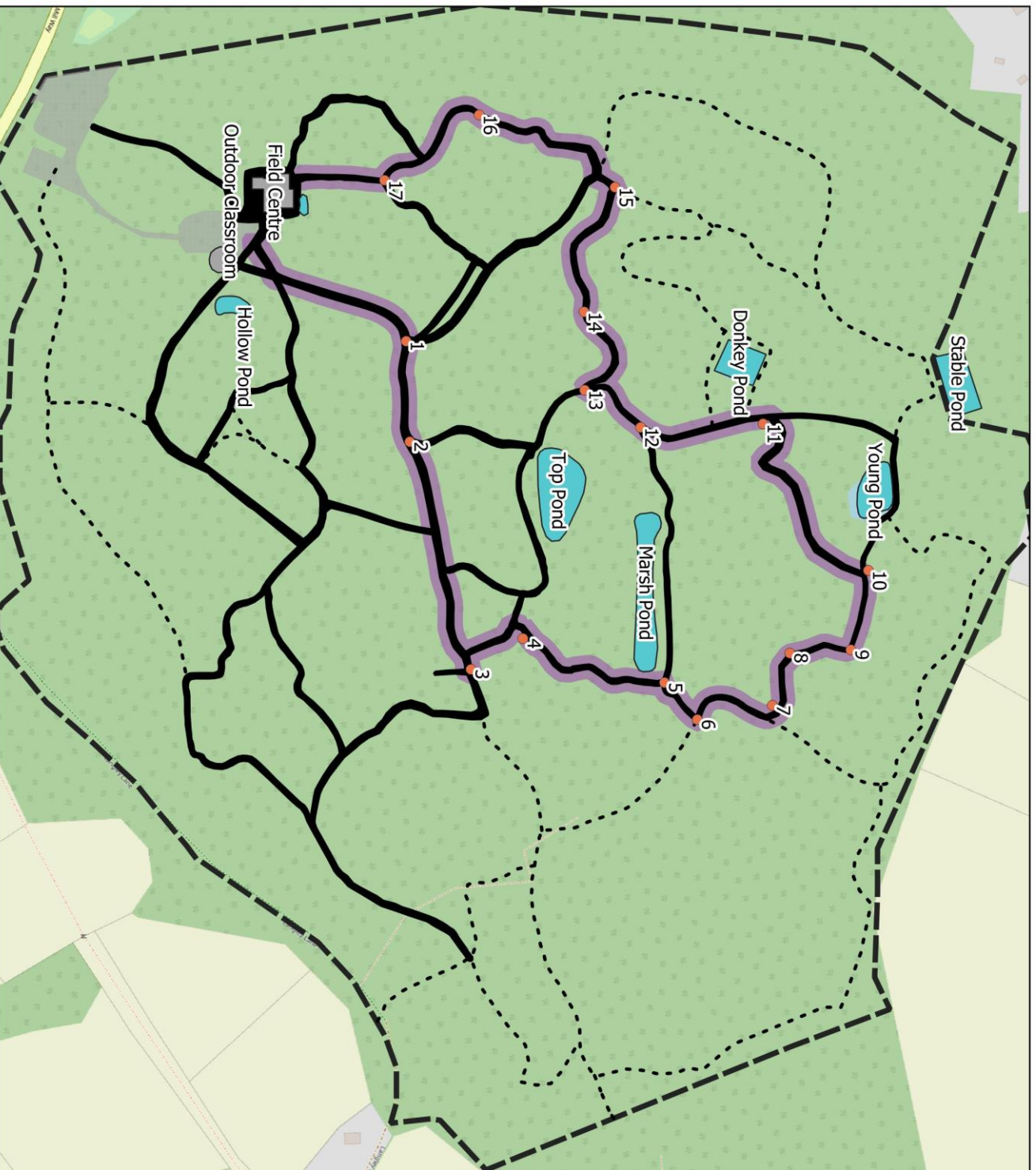
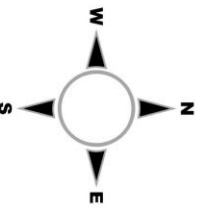


Orienteering

Legend

- Main Paths 
- No-go paths 
- Activity Route 
- Post Numbers* 

**If you get lost call
01372 379509**



Orienteering Trail

Session Map

Legend Details

Main Paths

The main paths for exploring the reserve

No-go Paths

Smaller trails which you might see but aren't advised for groups

Activity Trail

The route you should follow for this session

*Post Numbers





Numbered posts used for the orienteering trail, useful for locating yourself on the map

Other tips for navigating Nower Wood

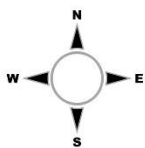
- If you get lost and want to return to the education centre, walk uphill until you find the blue rope trail which you can follow in either direction back to the building
- You can call the centre on 01372 379509 in case of emergencies, some parts of the reserve don't have phone service, but you don't have to travel far to find some

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