

How to make your own:

Salt dough heathland birds!

THAMES BASIN HEATHS
PARTNERSHIP



You will need:

- 2 parts flour
- 1 part salt
- 1 part water
- Mixing bowl
- Tracing paper
- Pencil
- Rolling pin
- Plastic knife
- Acrylic paint

Woodlark Fun Facts!

- You might spot a woodlark walking around on bare ground. They'll be searching for some insects for lunch!
- Woodlarks are famous for their beautiful fluting song!



Dartford warbler Fun Facts!

- Dartford warblers are often seen bobbling along the top of gorse bushes, where they search for insects to eat!
- Dartfords are brave little birds; they stay in the UK through our cold winters!



1.

Mix together the flour, salt and water to form an even dough.



2.

Shape the dough into a ball, and use the rolling pin to flatten the dough.



3.

Put the tracing paper on top of a picture and draw the outline of each bird.



4.

Use your drawings and the plastic knife to cut the outlines into the dough.



5.

Add detail to each bird using the plastic knife.



6.

Put in the oven on low heat for 3 hours. Once cooled, paint!

How to make your own:

Salt dough nightjar sculpture!

THAMES BASIN HEATHS
PARTNERSHIP



You will need:

- 2 parts flour
- 1 part salt
- 1 part water
- Mixing bowl
- Rolling pin
- Plastic knife
- Acrylic paint

Fun Facts!

- The rare nightjar migrates to the UK all the way from Africa, every summer!
- Nightjars are the least fussy nesters; they make their nests directly on the ground!



1. Mix together the flour, salt and water to form an even dough.



2. Shape the dough into a ball.



3. Shape half of your dough into the nightjar's body and head.



4. Roll the remaining dough out, and use your plastic knife to cut wing shapes.



5. Cut out a tail shape. Attach the wings and tail to the body using water.



6. Add detail to the nightjar using the plastic knife.



7. Create a nightjar nest of bare ground and twigs.



8. Put in the oven on low heat for 3 hours. Once cooled, paint!